



**Music & Memory
Webinar**

December 30, 2015

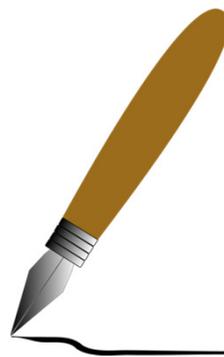


Celebration!



Music & Memory NH Quality Improvement Project

- 330 Ohio nursing homes have signed participation agreements
- 410 nursing homes are certified as Music & Memory providers
 - Even more with ALs, hospice and veterans groups



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Because of you...



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Because of you...



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2016 and Beyond!!

- Continue to certify new homes
 - Certification training and refreshers available
- Required to be certified as a M&M Provider and part of the NH Quality Improvement Project requirement
- <http://musicandmemory.org/landing/music-memory-certification-program1>
- Can take as a refresher or for new staff!

Upcoming Webinars

January 12, 13 and 14: 1:00-2:30 p.m. EST

February 16, 17 and 18: 1:00-2:30 p.m. EST

March 15, 16 and 17: 1:00-2:30 p.m. EST

April 12, 13 and 14: 1:00-2:30 p.m. EST

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2016 and Beyond!!

- Expand and improve webinar topics
- Part of the NH Quality Improvement Project requirement
- <http://aging.ohio.gov/services/music-memory/>
- Previous recordings & upcoming schedule:

**Ohio Music & MemorySM
Nursing Home Quality Improvement
Project**

Nursing homes can use the Music & MemorySM program to fulfill the licensure requirement for participation in a [quality improvement project](#).

- [Invitation letter to nursing home administrators](#)
- [Project overview](#)
- [Participation agreement](#)
- [Webinar schedule](#)
- [Frequently Asked Questions](#)



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Upcoming webinars

- January 27, 2016
- February 24, 2016
- March 23, 2016
- April 27, 2016
- May 25, 2016
- June 22, 2016
- July 27, 2016
- August 24, 2016
- September 28, 2016
- October 26, 2016
- November 23, 2016
- December 28, 2016

All on the 4th Wednesday
of the month at 2 p.m.



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Webinar Series Topics

- Library Building
- Family Engagement
- Care Planning
- Fundraising
- Technological Connections
- Service Projects
- Better Dementia Care
- M&M in Therapy

2016 and Beyond!!

- Connect with other M&M Communities online
 - M&M Launching a Care Community in 2016
 - Facebook
 - Pinterest
 - M&M Open Conference Lines

Music & Memory Open Conference Line

URL Access:

<https://global.gotomeeting.com/join/246950941>

Phone: 1(224)501-3412 Access Code: 246-950-941

01/28/2016 Program Success: Ensuring Sustainability & Longevity

02/17/2016 New Program Implementation: Troubleshooting

More future call topics to be announced



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2016 and Beyond!!

- Move into other settings as possible
 - Veterans in the community grant
 - Arts grants
 - Campus efforts



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2016 and Beyond!!

- “Institutionalize” personalized music
- At admission, use Music Assessment Form or other initial assessment tool
 - Included in the zip files provided by M&M
 - Attached to this webinar
 - Or send request to OhioMusicandMemory@age.ohio.gov

Music Assessment Form



Music & Memory Digital Personal Music Assessment™ (To be completed by user)

Resident Name: _____ Age: _____ Room: _____

Date: _____

Please complete this questionnaire based on your personal music preferences.

How important is it to you to listen to music you like?

- very important
- somewhat important
- not very important
- not important at all
- important, but can't do or no choice

How does music make you feel? _____

Assistance is available from _____ to help operate the iPod. This includes recharging the battery, putting the headphones on and taking them off, turning on and off the unit and adjusting the volume.

Recommended listening schedule: ___ daily ___ every other day ___ once or twice weekly

Recommended frequency of updated music:
 ___ after first week ___ after first month ___ after three months
 ___ every three months thereafter other _____

In order to use the iPod, resident will need:

___ No assistance
 ___ Assistance turning unit on and off
 ___ Assistance putting on headphones
 ___ Assistance adjusting volume
 ___ Assistance recharging unit

Recommended listening schedule: ___ daily ___ every other day ___ once or twice weekly

Recommended frequency of updated music:
 ___ after first week ___ after first month ___ after three months
 ___ every three months thereafter other _____

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Care Planning for Personalized Music

- Sample care plan
 - Included in the zip files provided by M&M
 - Attached to this webinar
 - Or send request to OhioMusicandMemory@age.ohio.gov

- Other suggestions:

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Other care plan examples

- Problem: Wandering, restlessness, agitation during transition times.
- Goal: Find moments of peace and enjoyment during transition times.
- Approach: Offer iPod shuffle prior to meals and other “transition” times when resident is wandering, appears restless or agitated.

•P- Encouragement needed to stay involved daily in activities to maintain social skills and keep her interests alive and to work on short term memory loss. Strengths: Able to make needs known, but needs some encouragement to stay involved.

•A – Offer iPod shuffle to listen to while resting in her lounge chair in the afternoon or when ever she agrees to want to listen to it. Document in care tracker under Music and Memory.

- P – Resident has depressive symptoms which affect behavioral outbursts in a negative way.
- A – Use iPod PRN. Monitor for effectiveness. Do not use if angry, use prior to escalation. Remove if upsetting to resident, or increase in sadness or negativity noted.

Final reminders

- Status survey to come
- Have Quality Improvement Projects documents on hand
 - Request your certificate or plaque via email certificates@musicandmemory.org or plaques@musicandmemory.org
 - See http://aging.ohio.gov/ltcquality/inc/docs/QIProject_MusicAndMemoryII.pdf