

**\*\*\*DRAFT - NOT FOR FILING\*\*\***

**173-4-05 Meal requirements.**

(A) In addition to complying with the requirements for meal programs in rule 173-4-04, 173-4-04.1, and 173-4-04.2 of the Administrative Code, providers shall comply with the following requirements regarding meals:

(1) Nutritional adequacy: The provider shall comply with rule 173-4-05.1 of the Administrative Code.

(2) Ingredient information: The provider shall offer information on the ingredient content of meals that it serves. The provider shall obtain the AAA's approval of the method for offering the ingredient information before the provider implements the method.

(3) Menu planning:

(a) To promote self-directed care, the provider shall assure that consumers have opportunities for feedback on menus that have been served and input on upcoming menus.

(b) The provider shall only offer a menu that is approved by a licensed dietitian.

(c) The provider shall list the serving size for each food item on each production menu.

(4) Consumer choices: The provider shall use one or both of the following methods to offer choices to consumers about the meal items the provider furnishes to them:

(a) Menu options method: A provider that uses this method shall allow consumers to choose between menu items in the following combinations: a choice between two main dishes in the same meal, a choice between two side dishes in the same meal, or a choice between two meals that do not share the same main dishes or side dishes. The provider may use a technology-based system (e.g., agency management software) to obtain the consumers' choices for an upcoming meal during a previous meal.

(b) Self-direction method: A provider that uses this method shall offer a salad bar, soup bar, or a family-style setting to consumers. As used in this paragraph, "family-style setting" means table setting that involves a serving platter for each menu item from which all consumers who are seated at the table may serve to themselves.

(5) Therapeutic and modified meals: A provider shall only furnish therapeutic or modified meals if those meals meet the additional requirements under rule 173-4-05.2 of the Administrative Code.

(6) Non-therapeutic, non-modified meal types requiring special consideration: A provider shall only furnish non-therapeutic, non-modified meal types that require special consideration if those meals meet the additional requirements under rule 173-4-05.3 of the Administrative Code.

(7) Dietary supplements: The provider shall not furnish multi-vitamin or mineral supplements to consumers. AAAs shall not reimburse a provider for furnishing multi-vitamin or mineral supplements.

(B) Units of service:

(1) Congregate meal program: A unit of service is one meal that is furnished in compliance with this rule and rule 173-4-04 of the Administrative Code.

(2) Home-delivered meal program: A unit of service is one meal that is delivered in compliance with this rule.

Comment [ODA1]: New choices compared to the current version of the rule.

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and rule 173-4-04.1 of the Administrative Code.

(3) Alternative meal program (restaurants and supermarkets): A unit of service is one meal furnished in compliance with this rule and rule 173-4-04.2 of the Administrative Code.