

Executive Department

OFFICE OF THE GOVERNOR

Columbus

RESOLUTION

WHEREAS, Ohio has more than 2.3 million residents age 60 or older, and another two million baby boomers living in our state, comprising more than 40 percent of our total population; and

WHEREAS, all elders should be respected as vital members of society who continue to grow, thrive and contribute; and

WHEREAS, the National Council on Aging reports that nearly three out of four older adults have a chronic health condition, such as diabetes, arthritis, high blood pressure and lung disease; and

WHEREAS, falls are the leading cause of injury-related emergency department visits, hospitalizations and deaths among older Ohioans and one in three older Ohioans will fall this year; and

WHEREAS, our "Golden Buckeyes" have much to contribute by sharing their knowledge and experiences, mentoring younger generations, learning new skills and remaining in or returning to the workforce; and

WHEREAS, adults who strive to improve and maintain their health and well-being across their lifespan are able to effectively self-manage chronic disease, prevent falls and stay active through volunteering and other activities, which leads to better overall physical and mental health; and

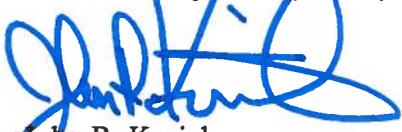
WHEREAS, the Ohio Department of Aging is working with state and local partners to remind Ohioans that, no matter your age, there is always something you can do to be healthier, prevent injury, keep chronic conditions in check and live "Well Beyond 60!"

NOW, THEREFORE, We, John R. Kasich and Mary Taylor, Governor and Lieutenant Governor of the State of Ohio, do hereby recognize May 2015 as

OLDER AMERICANS MONTH

throughout Ohio and encourage every Ohioan to learn about and explore ways to maintain or improve your health, prevent falls and fall-related injuries and live "Well Beyond 60!"

On this 1st day of May 2015;



John R. Kasich
Governor



Mary Taylor
Lieutenant Governor

