Unified Long-Term Care Systems Workgroup – Integration and Care Management Subcommittee

DRAFT Recommendations

August 2, 2010

Integration and Care Management Subcommittee

- Purpose –
  - Better coordinate acute and primary care services with LTSS
  - Better coordinate Medicare and Medicaid-funded services
  - Better integrate health and health-related services
- Seven meeting, special BH session

Dual Eligible Integration

1. Integrate the Medicaid acute benefit in dual Special Needs Plans (SNPs)
2. Provide care coordination of the acute benefit for waiver participants
3. Outreach to duals on SNP option
4. Identify existing forums to discuss issues/ opportunities related to dual eligible integration
5. Provide education so program benefits are used to the fullest extent

Medical/Long-Term Care Integration

6. Deploy PASSPORT Long-Term Care Consultants in hospitals
7. Implement evidence-based health coaching programs (e.g., Care Transitions Program)
8. Deploy resources in primary care to support patient access to available community-based programs and supports

Medical/Long-Term Care Integration

9. Coordinate care planning for common members of Health Plans & AAA services
10. Include Long-Term Care/AAA representation in the IMPROVE and StAAR and Enhanced Primary Care Home initiatives

Medical/Long-Term Care Integration

11. Expand and sustain evidence-based disease self-management programs
    - Identify physical activity interventions
    - Target persons with severe and persistent mental illness, and alcohol and drug addictions
12. Expand access through Aging and Disability Resource Centers

Identify Shared Consumers

13. Identify shared consumers/members and provide long term tools (e.g., health information technology) and short term education (e.g., confidentiality requirements) to support coordination

Behavioral Health

14. Use evidence-based behavioral health screening tools and self-management interventions (e.g., Healthy IDEAS, Motivational Interviewing) at transition points

Next Steps

- Implementation Matrix
  - Timing
  - Population Served
  - Change to Statute, Rule or Policy,
  - Funding
  - Redeployment of Resources
  - Creation of Partnerships