



**\$4 Admission
All Day Long
(60 and older)**

“Well Beyond 60!” Expo

Central Park

August 2 from 10 AM to 5 PM

Featuring:

- Aging Myths & Truths
- Balance and Strength Testing
- Glucose Testing
- Chair Massage
- Exercise Demonstrations
- Arts & Crafts for Healthy Minds
- Financial Fraud Prevention
- And MORE!

“Well Beyond 60!” Expo Partners:

- Ohio Department of Aging • Ohio Department of Health
- STEADY U Ohio • HEALTHY U Ohio
- American Heart Association
- Central Ohio Diabetes Association
- Columbus VA Ambulatory Care Center
- Holmes County General Health District
- Kettering Health Network
- Mt. Carmel Health System
- Ohio Arts Council
- OSU Extension



EXPO



**Senior Day is Tuesday,
August 2, 2016**